

IMPACT REPORT



Cover art by Jesslyn Sierra



BOSTON COMMUNITY PEDIATRICS
Bringing Equity to Pediatric Healthcare

A Year In Review

BCP's core guiding principle is equity in pediatrics, and that principle informs everything.

In order to provide the best possible care, BCP works together with families to understand barriers to, and social influences on, their health. BCP focuses not only on the child and their family, but considers the structural, systemic and ecological factors which affect each and every family. BCP's model is predicated on the understanding that in order to shift health outcomes we must not only increase access to care, but we must also deepen the trust and relationship between historically marginalized groups and their providers.



2022: A Snapshot

17

Staff Members

1,216

Patients

1,339

Telehealth Visits

956

Mental Health
Visits

1,160

COVID Tests

7,154

Patient Visits

1,124

Care Navigation & Wellness
Encounters

1,172

Well Child Visits

1,150

COVID Vaccines

899

Flu Vaccines

Leading By Example

A typical visit at BCP includes at least 30-60 minutes of time with an experienced, well-trained physician. It also includes additional resources delivered in a dignified manner: groceries, a hygiene kit, diapers and wipes, menstrual products, and age-appropriate books. It could include a meeting with a mental health clinician, a care navigator or a family partner who then spends another 60 minutes with this one patient and their family. This is the kind of healthcare that shifts health disparities between patients with low-income and their more affluent peers. This is the kind of healthcare that improves health outcomes and lives. This is the kind of healthcare BCP provides to every patient - regardless of income or insurance status.

Not only is BCP proving that integrated, relationship-centered healthcare works, BCP is proving that it actually works better!



19,406

diapers & wipes



3,740

bags of groceries



561

Reach Out and Read
books



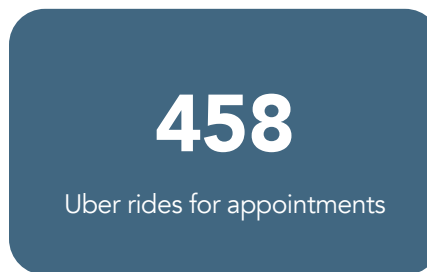
3,740

hygiene & period
products



458

Uber rides for appointments



“

You guys showed up. You were there to serve our communities. You were there every time we called.

– Robert Lewis, Jr., Nicholas President & CEO, Boys & Girls Clubs of Boston

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Mental Health Focused

This year, BCP has not only shifted the paradigm of the way children with low-income receive mental health services, but is breaking the mold and redefining excellence in this area. In the midst of the greatest pediatric mental health crisis of our lifetime, no population is suffering more from lack of care, lack of resources, and lack of options than children with low-income and public insurance.

BCP has two full-time mental health clinicians and two interns dedicated to providing the highest-quality mental health care on-site, as well as supporting families navigating complex mental health service outside of BCP.

“

I feel that BCP is a safe space for me to talk about what I may be feeling and knowing that I'm going to have somebody there who's willing to listen to what I'm trying to say and not judge me for it.

- BCP Teen Patient

”



“

They truly treat every patient as if it is their own child and a member of their own family.

– Father of BCP patient

”



With - as always - an eye toward doing what is right and equitable, BCP contracted a child and adolescent psychiatrist to work in collaboration with BCP's own providers and mental health clinicians resulting in improved outcomes for patients. The consultative services of the child and adolescent psychiatrist are not reimbursable through insurance, but are critical resources for BCP's patients and providers, and allow BCP to expand its capacity to treat children with mental health illnesses.

This groundbreaking model has been so successful that BCP has recently been invited to work with MassHealth on their Mental Health Collaborative Care Management (CoCM) pilot program, which would allow for some insurance reimbursement for collaborative care, opening the door to a new way of thinking about the provision of pediatric mental healthcare.

Programs That Make A Difference

Over 195 patients participated in BCP's after-school programming including dance, karate, reading, yoga, Girls on the Run, cooking, tutoring, and summer programming. BCP is particularly proud to share the results of an evaluation of the very popular cooking program, BCP Nutritious.

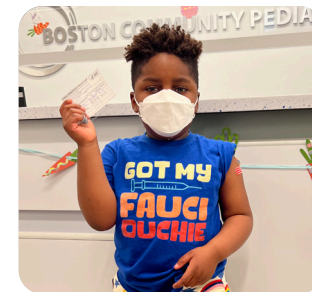
BCP Nutritious Highlights

An evaluation of BCP's virtual cooking class, BCP Nutritious, confirmed that the program is successful across a number of domains including:

- Encouraging family engagement and meal preparation
89% report BCP Nutritious definitely (63%) or probably (26%) promotes cooking as a family
- Willingness to try new foods
The majority of patients strongly agree that as a result of BCP Nutritious, they are willing to try new foods (78%)
- Increased consumption of fruits and vegetables
Many patients reported that as a result of BCP Nutritious, they eat more than one type of fruit and vegetable everyday (52%), and many others (41%) do most days

“ If we can provide personalized, integrated healthcare that addresses physical health, mental health and the social determinants that affect health, and treat each patient how we would want to be treated, how we want our children to be treated, we will stop seeing such different health outcomes across racial and economic lines.”

- Robyn Riseberg, MD & Founder of Boston Community Pediatrics



Special Occasions For Everyone

Because BCP believes that everyone deserves to celebrate special occasions and milestones, BCP hosted a number of special events for patients and families. Between the Back to School event, Thanksgiving distribution, and the Holiday Shop, BCP has distributed:

200+

backpacks filled with school supplies

1,500+

bags of groceries

900+

presents & gift cards

300

turkeys, sides, fruits & vegetables, and pies

Additionally, BCP's annual special events continue to grow:

- The Thanksgiving distribution reached **528 kids & 370 adults**
- The Holiday Shop reached **620 kids & 460 adults**
- Camp Night was attended by **18 programs and over 60 patients**. In the summer of 2022, BCP sent **over 66 kids** to camp!



More Reason To Celebrate...

Boston Community Pediatrics Turned One!

BCP would like to extend a big thank you to those who joined us on June 2nd, 2022 to celebrate Boston Community Pediatrics' One (Plus!) Year Anniversary! Seeing so many of BCP's biggest supporters all in one room for the very first time was an incredible and inspiring occasion. BCP raised over \$785,000 to support its programs and services. BCP is so grateful for your partnership in the work to bring equity to pediatric healthcare. Thank you for being a part of the BCP movement to change the way healthcare is delivered to all children.





Thank You To Our Sponsors

PRESENTING

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The Sidman Family

DIAMOND

Lynne and Joe Goodman | Jessica and Josh Lutzker

PLATINUM

THE **ABBEY GROUP**

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Eastern Bank
JOIN US FOR GOOD

JACOBSON
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Marsha Feinberg | Scott Friend and Leslie Riedel | Lisa Gross and Richard Hoffman
Steven Samuels and Ami Cipolla | The Spector Family | Judi and Ed E. Zuker

GOLD

Boston Children's Hospital

**CAMP
HARBOR
VIEW**

CHA

Family Health Project

**Highland
Partners**
Charitable Fund

Optum

**PATRIOTS
FOUNDATION**
CELEBRATE VOLUNTEERISM

**Rodman
for
Kids**

TWINFOCUS

Deb and Ed Cloaninger | Andrea and Todd Finard | Debbie and Keith Gelb | Abigail Ross Goodman
Christina and Mike Gordon | Laura Iannetta and Doug Fisher | Maggie Moore and Michael Fleisher
Kelli and Jim Morrow | Molly and Bobby Zuker

SILVER

The Boston
Foundation

tBf

CVSHealth

HARBORONE
Bank

**HIGHLAND
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foundation

Kenzie
&
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assurance
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Cherie Craft | Shani and George DeFina | Jill and Jason Glashow | Joanna and Bryan Lambert
Robyn and Doug Riseberg | Danielle and Jim Stephenson | Tara and Kevin West

BCP's Donors

BCP's average insurance reimbursement for a medical visit is \$120, however the true cost is around \$333. In the past year, BCP's costs to provide fully comprehensive, integrated care averaged \$2,700 per patient, per year and private philanthropy played a critical role in supplementing the costs not covered by insurance. BCP is shifting the paradigm of the way healthcare is delivered to patients with low-income and simply could not do this important work without the generous support of donors and partners like these:



\$250,000+

- Anonymous (2)

\$100,000+

- 2-4-3 Foundation
- Centers for Disease Control & Prevention
- Moderna Charitable Foundation

\$50,000+

- Boston Children's Hospital
- Boston Public Health Commission
- Jessica & Josh Lutzker
- New Commonwealth Racial Equity and Social Justice Fund
- The Sidman Family
- Wagner Foundation
- Yawkey Foundation

\$25,000+

- Anonymous (3)
- Gisela B. Hogan Foundation
- GMA Foundations Child Behavioral Health Fund
- James Pace Clayton Fund

\$25,000+ (cont.)

- Lynne & Joe Goodman
- No Kid Hungry
- Plymouth Rock Assurance Foundation
- Rodman for Kids
- Stephanie & Brian Spector
- Susan & Jim Swartz
- The Thoracic Foundation

\$10,000+

- The Abbey Group
- Kate & Ajay Agarwal
- American Tower Foundation
- Anonymous
- The B Fund
- Bain Capital Children's Charity
- Blue Cross Blue Shield of MA
- Carl and Ruth Shapiro Family Foundation (with special thanks to Jennifer & Mark Herman)
- Eastern Bank
- Dan & Shoshana Farb
- Marsha Feinberg

\$10,000+ (cont.)

- Scott Friend & Leslie Riedel
- Debbie & Keith Gelb
- Lisa Gross & Richard Hoffman
- Jacobson Floral
- Stephen & Jill Karp
- Joan & Merv Litzow
- Susan & George Logue
- Maggie Moore & Michael Fleisher
- Kara Nieto
- Richard K. Lubin Family Foundation
- Steven Samuels & Ami Cipolla
- Tanja & Josh Tatelman
- The 'Quin Impact Fund
- Caitlin Woo-Pierce & Richard Pierce

\$5,000+

- Anonymous (2)
- Jennifer & Eric Aronson
- Cherise & Robert Bransfield
- Camp Harbor View
- CHA Holdings
- Deb & Ed Cloaninger
- Jonathan Dutch & Emily Greenstein

\$5,000+ (cont.)

- Andrea & Todd Finard
- Abigail Goodman
- Christina & Mike Gordon
- Janna & Jonathan Greene
- Highland Partners Charitable Fund
- Laura Iannetta & Doug Fisher
- Tara & Reid Jordan
- Amy & Andy Kingman
- Wendy & Daniel Kraft
- Tristin & Martin Mannion
- James & Kelli Morrow
- New England Patriots Foundation
- Optum
- Nadia & Chris Pierce
- Resnik Family Fund
- Meredith Saillant & Graeme Grant
- Lauren Smith
- Beth Stonebraker
- Third Rock Ventures
- TwinFocus
- Judi & Ed E. Zuker
- The Zuker Family

BCP's Partners

- About Fresh
- Appaman
- The B Fund
- Boston Public Health Commission
- Camp Harbor View
- Christmas in the City
- Commonwealth Kitchen
- Cradles to Crayons
- Diaper Circle
- Dignity Matters
- Ethos
- First Republic Bank
- Girls on the Run
- Greater Boston Food Bank
- Dr. Gerald Hass
- Hope & Comfort
- Inquilinos Boricuas en Acción (IBA)
- Kids Clothes Club
- Kenzie & Hope
- Laura MacLean
- Maggie Moore
- National Charity League, Wellesley Chapter
- Neighborhood Villages
- Olivia's Organics
- One by One Project
- Project Restore Us
- Reach Out and Read
- The Riseberg Family
- Rodman for Kids
- Lynne & Gary Smith
- studioMLA
- Temple Beth Elohim (TBE) Table
- The BASE
- The Holland Companies
- United South End Settlements
- YMCA of Greater Boston

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The devoted staff, phenomenal patients, and so many supporters have used their amazing powers in the never ending battle for truth and justice in health equity.

— Reverend Gloria E. White-Hammond, Swartz Resident Practitioner in Ministry Studies, Harvard Divinity School Co-Pastor, Bethel A.M.E. Church, Boston, MA

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What's Next For BCP?

BCP is growing! Over the next eighteen months, BCP will increase both the breadth and depth of its services by expanding to a second floor at 527 Albany Street.

From the outset, the goal of BCP's flagship office on Albany Street was to create the first nonprofit pediatric private practice in Massachusetts which could be used as a model for replication across the Commonwealth and nationally. Growing to a full 5,000 square foot facility will give BCP a sense of what footprint is needed to fully serve roughly 1,500 patients on-site each year. The expanded space will ensure BCP has adequate capacity for its integrated mental health model, integrated care navigation and wellness support. In addition, the newly created space will allow more room for wellness programming including BCP's Baby Group and a weekly cooking class, which work to close the disparities often seen between children from communities with low-income and their more affluent peers.



Help Make An Impact

BCP has been incredibly busy over the past 12 months changing the way pediatric health care is delivered to Boston's children. The early and generous support of our donors has been critical to BCP's ability to open in the middle of a pandemic and create a new model of pediatric healthcare.

We are creating a movement to change the way healthcare is delivered to all children.

MAIL A CHECK



527 Albany St., Suite 200
Boston MA 02118

GIVE ONLINE



Thank you for joining our movement!